



DELHI OPHTHALMOLOGICAL SOCIETY POST GRADUATE TEACHING PROGRAMME

Two Days Post Graduate Ophthalmology Workshop



22nd - 23rd
August, 2026



Ayurvigyan Auditorium
Army Hospital (R & R),
Dhaura Kuan, Delhi Cantt

Day 1 | Date: 22nd August 2026, Saturday

Registration & Inauguration

0830h-0900h

Session 1:

Cataract & IOL Masterclass

0900h - 1000h

Chairperson: Brig S K Mishra, Rajendra Prasad **Moderator:** Alkesh Chaudhary, J S Bhalla

S No	Time	Topic	Speaker
1	0900-0914	Phaco vs MICS vs SICS: When, where, advantages & disadvantages	Pankaj Varshney
2	0915-0929	Recent advances in IOL power calculation	J S Bhalla
3	0930-0940	Posterior capsular rent: Stepwise management	Lt Col Ashutosh Kumar Gupta
4	0941-0954	Premium IOLs: Indications and contraindications	Rajendra Prasad
5	0955-1000	Felicitation to speakers	

Session 2:

Cornea & Ocular Surface

1000h - 1105h

Chairperson: M. Vanathi **Co-Chairperson:** Col Alok Sati **Moderator:** Mukesh Taneja, Gunjan Budhiraja

S No	Time	Topic	Speaker
1	1000-1010	Approach to bacterial, fungal and viral keratitis	Mukesh Taneja
2	1011-1020	Keratoconus: Update in diagnosis & management	M. Vanathi
3	1021-1030	Penetrating keratoplasty: The basics	Col Alok Sati
4	1031-1040	Anterior lamellar and posterior lamellar keratoplasty from A to Z	Gunjan Budhiraja
5	1041-1050	Ocular surface reconstruction following chemical burns	Surg Capt Srujana D
6	1051-1100	Decision making for refractive surgeries	Gunjan Budhiraja
7	1101-1105	Felicitation to speakers	

Session 3:**Glaucoma****1105h - 1300h****Chairperson:** Kirti Singh, Col S Bandopadhyay **Co-Chairperson:** Piyush Ramavat **Moderator:** Annu Joon, Mainak Bhattacharyya

S No	Time	Topic	Speaker
1	1105-1110	Pre-test	Nitika Beri
2	1111-1120	Basic workup of a glaucoma patient and tonometry	Annu Joon
3	1121-1130	Gonioscopy made simple	Shayana Bhumbra
4	1131-1140	Optic disc boot camp	Maj. Amrita Joshi
5	1141-1150	Visual field challenge	Kirti Singh
6	1151-1200	OCT decoded	Arshi Singh
7	1201-1210	Medical management of glaucoma	Piyush Ramavat
8	1211-1220	Lasers and surgery/trabeculectomy in glaucoma	Mainak Bhattacharyya
9	1221-1230	If's and but's of glaucoma drainage devices	Sangeeta Abrol
10	1231-1240	MIGS	Dewang Angmo
11	1241-1250	Grand viva and image quiz	Nitika Beri
12	1251-1300	Felicitation to speakers	

Lunch**1300h - 1345h****Session 4:****Retina & Uvea****1345h - 1530h****Chairperson:** Alkesh Chaudhary, Sanjay Ahuja **Co-Chairperson:** Bhuvan Chanana **Moderator:** Aman Khanna, Apoorv Grover

S No	Time	Topic	Speaker
1	1345-1358	Diabetic retinopathy: An overview	Bhuvan Chanana
2	1359-1412	Retinal vascular occlusions	Sanjay Ahuja
3	1413-1426	Retinal detachment: Diagnosis, urgency and treatment	Aman Khanna
4	1427-1440	Vitreoretinal surgery step by step	Alkesh Chaudhary
5	1441-1454	OCT, OCTA, FFA and fundus image interpretation	Brig S K Mishra
6	1455-1508	AMD: Diagnosis and management protocols	Apoorv Grover
7	1509-1522	Uveitis work-up: Anterior, intermediate and posterior	Ankur Singh
8	1523-1530	Felicitation to speakers	

Session 5:**Paediatric Ophthalmology & Strabismus****1530h - 1645h****Chairperson:** Sudarshan Khokhar **Co-Chairperson:** Annu Joon **Moderator:** Smita Kapoor, Vaishali Tomar

S No	Time	Topic	Speaker
1	1530-1543	Paediatric cataract	Sudarshan Khokhar
2	1544-1557	Amblyopia: Diagnosis and management	Mittali Khurana
3	1558-1611	Squint evaluation: Cover uncover tests, prism bar, versions and ductions	Aarushi Saini
4	1612-1625	Diagnosis and management of esotropia in children	Smita Kapoor

Day 1 | Date: 22nd August 2026, Saturday

5	1626-1639	Common strabismus surgeries: Principles	Vaishali Tomar
6	1640-1645	Felicitation to speakers	

Tea

1645h - 1700h

RUNNING WET-LAB THROUGHOUT THE DAY IN LIMITED SLOTS FOR PRE-REGISTERED RESIDENTS

Wet Lab and Hands-On Training

Simulator - Cataract and Vitreo-Retina
Slit - Lamp Examination (Specular Illumination)
I-Trace
OCT

Implantable Collamer Lens (ICL)
Slit - Lamp Examination (Gonioscopy and 90D)
Sirius Tomogram
OPTOS/EIDON

MIGS: Kahook Dual Blade (KDB) Glide
USG A/B Scan
VFA

Day 2 | Date: 23rd August 2026, Sunday

Session 6: Open House Case Discussions (Presentations by Postgraduates)

0830h - 1000h

Chairperson: Alkesh Chaudhary, M. Vanathi **Co-Chairperson:** Anu Malik **Moderator:** Dewang Angmo

S No	Time	Topic	Speaker
1	0830-0900	Case presentation and discussion - I	
2	0900-0930	Case presentation and discussion - II	
3	0930-1000	Case presentation and discussion - III	

Session 7: Oculoplasty, Orbit & Ocular Oncology

1000h - 1105h

Chairperson: Bhavana Chawla, Lt Col Khaleel M **Co-Chairperson:** Vishal Nigam **Moderator:** Puneet Jain, Sahil Aggarwal

S No	Time	Topic	Speaker
1	1000-1010	Ptosis: Evaluation and management	Vishal Nigam
2	1011-1020	Entropion and ectropion: Management protocols	Poonam Jain
3	1021-1030	Approach to proptosis	Sahil Aggarwal
4	1031-1040	Retinoblastoma	Bhavana Chawla
5	1041-1050	Thyroid eye disease	Lt Col Khaleel M
6	1051-1100	Benign eyelid lesions: The entire spectrum	Puneet Jain
7	1101-1105	Felicitation to speakers	

Session 8: Neuro-Ophthalmology

1110h - 1215h

Chairperson: Taru Dewan **Co-Chairperson:** Digvijay Singh **Moderator:** Pankaj Varshney

S No	Time	Topic	Speaker
1	1110-1125	Electrophysiology in neuro-ophthalmology	Digvijay Singh
2	1126-1140	Visual pathway lesions	Vineet Sehgal
3	1141-1155	Papilloedema and optic neuritis	Taru Dewan
4	1156-1210	Ocular motor nerve palsies	Varshini Shanker
5	1211-1215	Felicitation to speakers	

Lunch

1215h – 1300h

Session 9:

Miscellaneous

1300h – 1405h

Chairperson: Col Alok Sati, Sangeeta Abrol **Co-Chairperson:** Jatinder Bali **Moderator:** Sunandini Bose

S No	Time	Topic	Speaker
1	1300-1310	Epidemiology and research basics	Jatinder Bali
2	1311-1320	Artificial intelligence: The right time begins now	Sangeeta Abrol
3	1321-1330	Corneal tear management protocols	Sunandini Bose
4	1331-1340	Ocular trauma	Lt Col Ashutosh Kumar Gupta
5	1341-1350	Dry eye disease: Diagnosis and stepwise therapy	Col Alok Sati
6	1351-1400	Acute red eye	Pankaj Ranjan
7	1401-1405	Felicitation to speakers	

Session 10:

Investigations in Ophthalmology Interactive Session

1410h – 1515h

Chairperson: Rajesh Sinha, Sanjay Ahuja **Co-Chairperson:** Jaya Gupta **Moderator:** Anil Tanwar, Pankaj Varshney

S No	Time	Topic	Speaker
1	1410-1425	Fundus photograph interpretation	Sanjay Ahuja
2	1425-1440	Topography/Pentacam decision making in refractive surgery	Rajesh Sinha
3	1440-1455	Specular microscopy	Jaya Gupta
4	1455-1510	Pachymetry and topography	Pragya Ahuja
5	1510-1525	Exam relevant FFAs	Anil Tanwar
6	1525-1530	Felicitation to speakers	

Tea

1515h – 1530h

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